

What's special about CAT?

The DTM Track

With your home club, you work your way through your first ten speeches. These address the main areas of speaking competence - body language, structure, word choice and so on. Beyond your Competent Communicator (or Competent Toastmaster) Award lies a whole new realm of speaking development experiences. The DTM Track is to help you make the transition from being merely a "competent" speaker, to being an "advanced" speaker and ultimately to being what Toastmasters call a "Distinguished" speaker.

We work with your home club to chart a course for your communication skills development, both in speaking skills and in fulfilling the requirements for your next awards,

Access the wisdom and experience of those that have already 'been there', people who can make your path easier and simpler. We pair you with other aspiring distinguished speakers so that you can work together, giving active feedback and support. You will have the option to have your speeches videotaped for later review - personally, and with your mentors.

The DTM Track is about making outstanding communication and leadership skills achievable for everybody.

The Contest Track

Whether you want to develop your skills for speech contests or for your profession, we have a program for you. We help you deliver powerful, impactful, and entertaining, contest-ready, professional-standard speeches through specialized peer mentoring, rehearsal and active feedback focused on your requirements. Being a professional or contest speaker is different from ordinary speaking because of the amount of focus you put on each performance. This path is not for everybody, though if you are interested, we offer you an outstanding opportunity for you to polish your skills to the highest level.

Peer Mentoring

We create small groups that meet every other month to review their speeches and growth together. The groups of three personally help each other meet their speaking goals. Support and encouragement is key to your growth!

Left-Brain Right-Brain Evaluation

Left Brain-Right Brain Evaluation is a unique club feature, created by CAT, based on the theory that the left brain is analytical and objective while the right brain is creative and emotional. The application of Left Brain and Right Brain provides a broader perspective on performance for prepared speakers.

In Toastmasters, the purpose of evaluation is to help members improve their speaking by highlighting their strengths and weaknesses—this is typically done through Left Brain analysis of the speaker's delivery compared to the speech criteria.

In Left Brain-Right Brain Evaluation, the advanced speaker is given feedback on both the technical delivery of speech content (Left) and impact the speech had on the listener (Right). Since advanced speakers have begun to master the basic speech skills, they can give more mental focus on the essence of public speaking—the impact on the listeners.

The Summating Session

At China Advanced Toastmasters, we use our Summating Sessions to help lift your performance to your personal goals. While the first ten speeches provided an introduction to the basic speaking skills, our summating sessions help put the polish on your performances. We also go beyond the basics, with special workshops handling the subject areas that you need most. Each session is specially targeted to help take our members - like you - closer to your goals.

Video Review

Have you ever listened to your own voice? As a speaker, seeing yourself delivering a speech is one of the most powerful ways of improving; you get to see your strengths and opportunities to improve clearly and precisely. Our video review process allows CAT members to review and refine speeches with precision.



Every member a DTM!

Email: attend@ChinaAdvancedToastmasters.com

to get an immediate email with the next meeting date, time and venue.

Email: agenda-subscribe@ChinaAdvancedToastmasters.com

to receive the CAT agenda each week.

www.ChinaAdvancedToastmasters.com